

**Faculty of Health  
Department of Psychology  
PSYC 3140 3.0 Section P  
ABNORMAL PSYCHOLOGY  
Fridays 2:30pm to 5:30pm, CLH-G  
Fall/Winter 2018-2019**

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**Instructor and T.A. Information**

Instructor: Dr. Jennifer Lewin  
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Office Hours: Fridays 5:30pm – 6:30pm  
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**How to reach your instructor or teaching assistant:**

The preferred method contacting the teaching assistant or the instructor is via email. For missed tests, please email the course director. Additionally, email the course director regarding requests to use the alternate exam centre or any administrative issues (e.g., not enrolled in course, difficulty logging onto course website, etc.).

**Course Prerequisite(s): Course prerequisites are strictly enforced.**

- HH/PSYC 1010 6.00 (Introduction to Psychology), with a minimum grade of C.

**Course website: [Moodle](#)**

You will need a Passport York account to access the course website. Go to “moodle.yorku.ca” and type in your username and password information (Passport York account information) in the top right hand side of the page. After entering this information, your list of courses that use moodle will appear, click on “**HH/PSYC3140 P - Abnormal Psychology (Fall/Winter 2018-2019)**”. You will then be logged into the psyc3140P course website.

**Course Description**

This course provides an overview of the etiology, symptomology, and treatment of the major clinical disorders. Students will be asked to consider the historically and socially constructed nature of mental illness. The examination of neurotic, psychotic, and personality disorders, as well as some developmental problems will also be covered. Additionally, identity problems, anxiety conditions, and learned (phobias, substance abuse, cultural deprivation, etc.) patterns of abnormal behaviour will be studied. Overall, this course is designed to provide you with an introduction to adult psychopathology and to develop your ability to think critically about issues pertaining to mental health.

**Learning Outcomes**

Upon completion of this course, students should be able to:

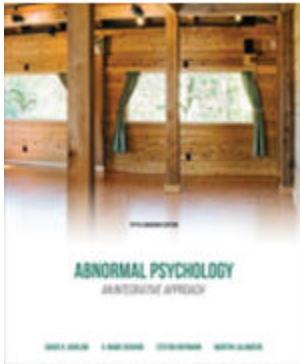
1. Demonstrate in-depth knowledge of abnormal psychology.
2. Articulate trends in abnormal psychology.
3. Express knowledge of abnormal psychology in written form
4. Describe and explain limits to generalizability of research findings in abnormal psychology.
5. Demonstrate ability to relate information in abnormal psychology to own and others' life experiences.

### **Specific Learning Objectives**

- 1) Defining and understanding the relatively fluid concept of abnormality and how both historical underpinnings and ongoing research continues to impact on this concept
- 2) Demonstrate knowledge of the history and current status of major paradigms in abnormal psychology, including the concepts and methods of each paradigm, as applied to the assessment, diagnosis, and treatment of abnormality
- 3) Will be given an opportunity to apply diagnostic criteria and examine how the disorder(s) developed, in addition to learning about current treatment methods

### **Required Text**

Barlow, D.H., Durand, V.M., Hofmann, S.G., & Lalumiere, M.L. (2018). *Abnormal Psychology: An Integrative Approach, 5<sup>th</sup> Canadian Edition*. New York: Nelson pub.



ISBN-13: 9780176657185

## Course Requirements and Assessment

1) Test 1: Friday, January 25, in class	29%
2) Test 2: Friday, March 1, in class	29%
3) Test 3: during exam period (April 5 to 20)	36%
4) Three In-Class Group Assignments	6%

The above course requirements and weights are final and will not be adjusted. Exceptions **may** be made in extenuating circumstances provided the student presents **legitimate** and **documented** reasons for failing to complete stated course requirements. Such requests should be directed to the course instructor, not the teaching assistant. Final marks are final and will not be adjusted in order to “boost” students into the next letter grade.

## Description of Test Format

Course evaluation for this class will consist of three non-cumulative tests. Tests will be based on textbook readings, lectures, and video material. Tests will consist of multiple-choice questions and short answer questions. They will be comprised of approximately 80 to 90 multiple choice questions, which will be based assigned textbook readings and lecture material and 2 short answer questions based on readings and lecture material. Students will be given 2.5 hours to complete tests. Students are required to write tests on the scheduled dates. Special test dates will be granted only on religious, medical, or compassionate grounds (e.g., death in the family) **with appropriate documentation provided**. Please see the “Religious Observance Policy” and/or “Policy for Missed Tests and Examinations” sections for more information regarding protocol and documentation requirements. The tests will not be returned to students. Tests can be viewed during the teaching assistant’s office hour. Cheating will not be tolerated; please see the note on the avoidance of academic offences near the end of this syllabus.

## In Class Group Assignments

There will be three in-class group assignments. Groups will consist of 2 to 5 students. Each in class assignment (ICA) is worth 2%, for a total of 6% of your final grade. Students will be expected to hand in one piece of written work per each group and it will be submitted at the end of the class. These activities will provide students with an opportunity to evaluate their learning, formulate thoughts and present their ideas. In-class assignments will be based on attendance and quality of written work submitted.

**Dates:** ICA #1: January 18, 2019  
ICA #2: February 15, 2019  
ICA #3: March 22, 2019

## Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests\* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - [Grading Scheme for 2016-17](#))

### IMPORTANT NEW INFORMATION REGARDING MISSED TESTS:

For any missed tests, students **MUST** complete the following online form which will be received and reviewed in the Psychology undergraduate office.

[HH PSYC: Missed Tests/Exams Form](#) . Failure to complete the form within 7 calendar days of the original deadline will result in a grade of zero for the test/assignment  
<http://psychology.apps01.yorku.ca/machform/view.php?id=16179>

### Missed ICAs/Missed Tests or Exams

Students with a documented reason for missing a course test or in-class assignment, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (Attending Physician Statement which can be found at: <http://registrar.yorku.ca/pdf/attending-physicians-statement.pdf>) may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

1. **The student must contact the course director in-person or by e-mail within 48 hours of the missed test.** Be sure to clearly state your name, student number, course, and indicate the best method to contact you (e.g., email address or phone number) regarding the make up date and time. Please refer to the course website as well for official makeup dates, location, and time. If you are unable to contact the course instructor during this 48 hour period, subsequent documentation accounting for the delay must be provided.

2. Appropriate documentation verifying the circumstances for the missed examination must be provided at the MAKE-UP test. Failure to provide appropriate documentation will result in a grade of F for the missed test.

a. Tests or examinations missed on the grounds of medical circumstances must be supported by an Attending Physician's statement (<http://registrar.yorku.ca/pdf/attending-physicians-statement.pdf>) or a statement by a Psychologist or Counselor. The Physician's statement must include: (i) full name, mailing address and telephone number of the physician on official letterhead; (ii) the nature of the illness and its duration (i.e., specific dates covered); and, (iii) indication of whether the illness and/or medication prescribed would have **SERIOUSLY** affected the student's ability to study and perform over the period in question. Note: The physician's office may be contacted to verify the information provided.

b. Tests or examinations missed on the grounds of non-medical circumstances must be supported by appropriate documentation (i.e., death certificates, obituary notice, automobile accident reports, airline/train/bus ticket/receipts with date of booking on ticket, etc.). Airline/train/bus ticket/receipts for emergency travel must indicate destination, departure and return dates.

c. Academic reason: If students have a test in another course during the same time and day (or if there is overlap between test times), students will be granted the opportunity to write the makeup. Students need to provide documentation that they are enrolled in the other course and there is a test on that day (e.g., include copy of the course syllabus and receipt of enrollment). A conflict with a LECTURE in another course is NOT a legitimate reason to miss the test and students will receive an F and no opportunity to write the makeup.

3. In the case of a make-up test/exam, the student must be prepared to write within two weeks following the missed test. Although the content to be examined will be the same, the format may or may not follow that of the original test/examination. It is the student's responsibility to check with the instructor as to the date/time of the make-up, which will be posted on the course website. **A conflict with another course lecture during the time of the make-up is not an acceptable reason** for missing the make-up test. If a student misses the set make-up test date on reasonable grounds (see points a and b above) then the student needs to obtain additional appropriate documentation. Also, you need to contact the course director/instructor within 48 hours of missing the make-up test to have the opportunity to re-schedule. Missed make-ups must be supported by appropriate documentation (see points A and B above). Failure to provide appropriate documentation will result in a grade of F on the missed test. If students miss the set make-up test date AND have all the appropriate documentation, they will be given a second and final chance to write Test 1 at the convenience of the psych department. For those students that miss Test 2 – the same procedure needs to be followed to be able to write the makeup. Those that miss Test 3 and the makeup date for Test 3, students will be given a final chance to write during the last week of April 2019, after the official exam period is over.

#### ***Tentative Makeup Dates:***

Test 1 Makeup: Friday, February 1, 2019, time and location TBA

Test 2 Makeup: Friday, March 8, 2019, time and location TBA

Test 3 Makeup: Last week of April 2019

If you feel that you have a medical or personal problem that is interfering with your work, you should contact the Faculty of Arts Advising Centre (<http://www.arts.yorku.ca/advising/>). Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis.

#### **DEFERRED STANDING**

Deferred standing may be granted to undergraduate students who are **unable to write their final examination** at the scheduled time or are **unable to submit their outstanding course work on the last day of classes**. In order to apply for deferred standing, students must complete a Final Exam/Assignment Deferred Standing Agreement form

([http://myacademicrecord.students.yorku.ca/pdf/deferred\\_standing\\_agreement.pdf](http://myacademicrecord.students.yorku.ca/pdf/deferred_standing_agreement.pdf)), and reach an agreement directly with the course director for an alternate final examination date or for an extension to the deadline. The Final Exam/Assignment Deferred Standing Agreement form facilitates the setting of an alternate date for writing a final examination or submitting outstanding course work before the Faculty deadlines. There is no provision for rewriting a final examination to improve a final grade.

#### **RELIGIOUS OBSERVANCE POLICY**

York University is committed to respecting the religious beliefs of all members of the community and making accommodations for observances of special significance to adherents. Should any of the dates specified in this syllabus for in-class examinations pose such a conflict for you, contact the Course Director **within the first two weeks of class** to schedule alternate arrangements. Please note that to arrange an alternative date or time for an *examination scheduled in the formal examination period*, students must complete an Examination Accommodation Form and submit it at least 3 weeks prior to the start of the examination period! The form can be obtained from the Registrar’s Office ([http://www.registrar.yorku.ca/pdf/exam\\_accommodation.pdf](http://www.registrar.yorku.ca/pdf/exam_accommodation.pdf)).

**Add/Drop Deadlines**

For a list of all important dates please refer to: <https://registrar.yorku.ca/enrol/dates/fw18>

	<b>Winter 2019</b>
Last date to add a course without permission of instructor	Jan. 16th
Last date to add a course with permission of instructor	Jan. 30th
Last date to drop course without receiving a grade	March 8th
*Course Withdrawal Period (withdraw from a course and receive a grade of “W” on transcript)	March 9th to April 3 <sup>rd</sup>

*\*Note: You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as "W". The withdrawal will not affect your grade point average or count towards the credits required for your degree.*

**Electronic Device Policy**

Electronic devices are allowed in class. Please be respectful of other students and make sure all devices are placed on silent mode and that information on your electronic device pertains to the course while in class (e.g., class slides).

**Attendance Policy**

Attendance is encouraged but not mandatory. Lectures are designed to provide clarification of particular topics and/or to supply you with additional material to extend your understanding of certain topics. They are **not** designed to cover all the material presented in the textbook. If you do not attend a lecture(s), regardless of the reason, you are responsible for all information that has been presented during class. The course director will not provide completed class slides or any type of class notes due to missed classes regardless of the reason for missing class.

**Academic Integrity for Students**

York university takes academic integrity very seriously, please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#)

It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#)

**Test Banks:**

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic

Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

### **Electronic Devices During a Test/Examination:**

Electronic mobile devices of any kind are not allowed during a test or examination. Students are required to turn off and secure any electronic mobile device in their bag which is to be placed under the chair while a test/exam is in progress. Any student observed with an electronic device during a test/exam may be reported to the Undergraduate Office for a potential breach of Academic Honesty.

### **Academic Accommodation for Students with Disabilities:**

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The [York University Accessibility Hub](#) is your online stop for accessibility on campus. The [Accessibility Hub](#) provides tools, assistance and resources. Policy Statement

**Policy:** York University shall make reasonable and appropriate accommodations and adaptations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs.

The nature and extent of accommodations shall be consistent with and supportive of the integrity of the curriculum and of the academic standards of programs or courses.

Provided that students have given sufficient notice about their accommodation needs, instructors shall take reasonable steps to accommodate these needs in a manner consistent with the guidelines established hereunder.

For Further Information please refer to: [York university academic accommodation for students with disabilities policy](#)

### **Course Materials Copyright Information:**

These course materials are designed for use as part of the **PSYC3140P** course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#)

## Course Schedule:

Lecture 1: January 4: Chapter 1: Abnormal Behaviour in Historical Context

Lecture 2: January 11: Chapter 2: An Integrative Approach to Psychopathology

Lecture 3: January 18: Chapter 3: Clinical Assessment & Diagnosis (ICA#1)

**Test 1: Wednesday, January 25th : Chapters 1, 2, and 3, and all lecture & video material**

Lecture 4: February 1: Chapter 5: Anxiety, Trauma- and Stressor-Related, and Obsessive-Compulsive and Related Disorders

Lecture 5: February 8: Chapter 7: Mood Disorders and Suicide

Lecture 6: February 15: Chapter 6: Somatic Symptom & Related Disorders & Dissociative Disorder (ICA#2)

\*\*\*\*\* *Reading Week: February 18 to 22, 2019* \*\*\*\*\*

**Test 2: Wednesday, March 1st : Chapters 5, 6, and 7, and all lecture & video material**

Lecture 7: March 8: Part of Chapter 8: Eating Disorders (pg. 255 to 277)  
Part of Chapter 10: Paraphilic Disorders and Gender Dysphoria (pg. 351-364)

Lecture 8: March 15: Chapter 11: Substance-Related, Addictive, & Impulse-Control Disorders

Lecture 9: March 22: Chapter 12: Personality Disorders (ICA#3)

Lecture 10: March 29: Chapter 13: Schizophrenia Spectrum and Other Psychotic Disorders

**Final Exam: during the Fall exam period, April 5 to 20, 2019**